


Womack’s Blue Ribbon Bistro Menu Week II

| Sunday 5 August 2012 | Monday 6 August 2012 | Tuesday 7 August 2012 | Wednesday 8 August 2012 | Thursday 9 August 2012 | Friday 10 August 2012 | Saturday 11 August 2012 |
|---|--|--|--|---|---|---|
| <u>BREAKFAST</u> Monday thru Friday: 0600-0900, Continental Breakfast (limited menu availability) 0900-1000 Eggs, Omelets, Hash Browns, Pancakes, Sausage, Bacon, Biscuits, Toast, Bagels, English Muffins, Grits, Oatmeal, Fresh Fruits, Yogurt, and Assorted Cold Cereals offered daily | | | | | | |
| <u>LUNCH</u> Monday thru Friday: 1100-1400 (Short Order, Main line closes at 1330; Salad Bar, Specialty Bar, and Sandwich Bar Available until 1400)Weekends & Holidays: 1100-1300 (No Sandwich or Specialty Bars) | | | | | | |
| Roast Turkey.....\$1.80 Yankee Pot Roast.....\$2.40 Cornbread Dressing.....\$0.55 Mashed Potatoes.....\$0.55 Green Beans.....\$0.55 Turnip Greens\$0.55 Hot Roll.....\$0.25 | Bowtie Pasta Salad (\$0.20/oz) Chicken Gumbo \$1.75/12oz Baked Salmon Filet w/ Dill Sauce...\$4.55 Pepper Steak.....\$2.60 Chicken Stir Fry.....\$2.00 Mashed Potatoes.....\$0.55 Steamed Rice.....\$0.55 Fried Rice\$0.55 Cauliflower.....\$0.55 Oriental Blend Vegetables.....\$0.55 Cornbread.....\$0.25 Hot Roll.....\$0.25 | Citrus Fruit Salad (\$0.20/oz) Chicken Noodle \$1.75/12oz Baked Chicken.....\$1.70 BBQ Ribs.....\$2.60 Oven Fried Chicken.....\$1.80 Steamed Rice.....\$0.55 Macaroni & Cheese.....\$0.55 Black Eyed Peas.....\$0.55 Seasoned Greens.....\$0.55 Steamed Greens.....\$0.55 Steamed Baby Carrots.....\$0.55 Cornbread.....\$0.25 Garlic Bread.....\$0.25 | Pistachio Parfait (\$0.20/oz) Chicken Tortilla Soup \$1.75/12oz Baked Spaghetti\$1.50 Roast Pork Loin.....\$1.30 Salisbury Steak w/Brown Gravy.....\$1.65 Brown Rice.....\$0.55 Dilled Squash.....\$0.55 Green Peas.....\$0.55 Cornbread.....\$0.25 Garlic Bread.....\$0.25 | Sour Cream & Cheddar Macaroni Salad Vegetable Soup \$1.75/12oz Chicken Fried Stk w/ Crm Gravy....\$1.55 Beef, Mushrooms w/ Pearl Onions..\$1.80 Turkey Porcupines.....\$1.05 Parsley Potatoes.....\$0.55 Steamed Rice.....\$0.55 Prince Edward Blend Vegetables....\$0.55 Steamed Cabbage.....\$0.55 Hot Roll.....\$0.25 Cornbread.....\$0.25 | Coleslaw (\$0.20/oz) Chicken and Wild Rice Soup \$1.75/12oz Lemon Baked Fish.....\$2.85 Steamship Round\$2.35 Tilapia Crusted Chipotle Lime.....\$2.35 Macaroni & Cheese\$0.55 Oven Roasted Potatoes.....\$0.55 Vegetable Medley.....\$0.55 Okra & Tomatoes.....\$0.55 Hot Roll.....\$0.25 Cornbread.....\$0.25 | Beef Bulgogi.....\$2.20 Asian BBQ Chicken Breast.....\$1.20 Egg Noodles.....\$0.55 Steamed Rice.....\$0.55 Corn\$0.55 Fried Cabbage.....\$0.55 Steamed Cabbage.....\$0.55 Cornbread.....\$0.25 |
| Specialty Items | Taste of the Orient Bar Pizza.....\$1.50-\$2.65 French Fried Potatoes \$0.75 | Pasta Bar (\$0.15/oz) Fishwich.....\$2.30 French Fried Potatoes \$0.75 | Fiesta Bar (\$0.20/oz) Pizza.....\$1.50-\$2.65 French Fried Potatoes \$0.75 | Starter Bar Sweet Potato Fries \$0.75 | Potato Bar (\$0.15/oz) Sloppy Joe.....\$1.20 Pizza.....\$1.50-\$2.65 | |
| <u>DINNER</u> Served Daily 1600-1800 | | | | | | |
| Beef Pot Pie w/ Biscuit Topping....\$2.25 Honey Lemon Chicken Breast.....\$1.20 Buttered Noodles\$0.55 Steamed Rice.....\$0.55 Steamed Cauliflower.....\$0.55 Carrots.....\$0.55 | Lemon Garlic Crusted Cod.....\$3.10 Smothered Chicken Italiano.....\$1.80 WW Penne Pasta.....\$0.55 Mixed Vegetables.....\$0.55 Prince Edward Blend Vegetables....\$0.55 Cornbread.....\$0.25 Garlic Bread.....\$0.25 | Baked Ham\$1.00 Shepherd’s Pie.....\$1.85 Rice Pilaf.....\$0.55 Brussels Sprouts.....\$0.55 Corn O’Brien.....\$0.55 Cornbread.....\$0.25 | Grilled Bratwurst w/ Sauerkraut....\$1.35 Cheese Tortellini with Marinara.....\$1.05 Au Gratin Potatoes\$0.55 Spinach.....\$0.55 Green Bean Combo.....\$0.55 Cornbread.....\$0.25 Garlic Bread.....\$0.25 | Linguine & Meatballs.....\$1.75 Chicken Cordon Bleu\$3.00 Steamed Noodles.....\$0.55 Wild Rice.....\$0.55 Broccoli.....\$0.55 Carrots.....\$0.55 Hot Roll/Cornbread.....\$0.25 | Chicken Parmesan\$2.35 Meatloaf w/ Brown Gravy.....\$1.75 Scalloped Potatoes\$0.55 WW Penne Pasta.....\$0.55 Green Beans.....\$0.55 Brussels Sprouts.....\$0.55 Garlic Bread/Cornbread.....\$0.25 | Oven Fried Pork Chop w/ Gravy.....\$2.50 Spaghetti w/ Meat Sauce\$1.90 Mashed Potatoes.....\$0.55 Carrots.....\$0.55 Broccoli Spears.....\$0.55 Garlic Bread\$0.25 |
| <u>DESSERTS</u> Cookies (\$0.85), Soft Serve Frozen Yogurt Bar (priced by weight), Ice Cream Novelties (\$0.50-\$0.90) | | | | | | |
| Apple Spice Cake.....\$1.10 Blueberry Pie.....\$1.20 | Coconut Layer Cake.....\$1.10 Apple Pie.....\$1.20 | Chocolate Layer Cake.....\$1.10 Sweet Potato Pie.....\$1.20 | Lemon Layer Cake.....\$1.10 Boston Cream Pie.....\$1.20 | Carrot Layer Cake.....\$1.10 Lemon Meringue Pie.....\$1.20 | Chocolate Layer Cake.....\$1.10 Pecan Pie.....\$1.20 | Golden Cake w/ Chocolate Frosting..\$1.10 Coconut Cream Pie.....\$1.20 |

****The menu & prices are subject to change without prior notice due to the availability of food items and IAW AR 40-3 Chapter 8****
 **Follow the path to better health. Use the Go for Green system to guide your dining decisions. Green = Eat Often; Yellow = Eat Occasionally; Red = Eat Rarely.** 
Let us know how we are doing! Customer Comment Cards are located on the wall upon entering the dining room as well as on the NCD intranet site.